



## Syllabus

### **THE 250: Pursuing Holiness** **Genesis Bible Institute**

#### *COURSE DESCRIPTION*

This course focuses on inward change and moral rehabilitation, challenging you to address cognitive distortions, false beliefs, unhealthy habits, and antisocial behavior as you pursue holiness. We will explore the timeless principles and guidelines of holiness to equip you to joyfully obey God's commands.

#### *LEARNING OUTCOMES*

Upon completion of this course, you will be able to:

- Quote from memory: 1 Peter 1:14-16
- Define holiness
- Explain why only those who walk in holiness experience true joy
- Explain the role of obedience in the life of a believer
- Describe four principles for acquiring or breaking a habit
- Describe how a believer dies to the dominion of sin
- Apply Bridges' method when studying the Bible
- Analyze an area of your life using the standards of holiness

#### *REQUIRED READING*

Bridges, Jerry. *The Pursuit of Holiness*. Colorado Springs: NavPress, 2006. Print.

#### *ASSIGNMENTS and GRADING*

- *Study Guide Answers* (worth 60 points / 60% of grade)  
The Study Guide consists of 6 units. You will examine the principles and guidelines of holiness and reply to 16 true-false questions (worth 0.5 point each) and application activity (worth 2 points) for each unit.
- *Assignment 1: Know Right From Wrong* (worth 15 points / 15% of grade)  
You will use Bridges' "Formula: How to Know Right From Wrong" (based on three verses in 1 Corinthians) to analyze an area of your life and write a summary of your findings.
- *Assignment 2: Demolish Cognitive Distortions* (worth 15 points / 15% of grade)



Cognitive distortions are twisted views and beliefs that we hold. In this assignment, you will confront three cognitive distortions that obstruct your pursuit of holiness and create a plan to demolish each of them.

- *Final Exam* (worth 10 points / 10% of grade)  
The Final Exam consists of multiple-choice questions. You will also write out your memory verses. This exam is intended to measure your knowledge of course concepts.

<b>Summary of Assignments and Grading</b>		
Study Guide Answers	60 points	60%
Know Right From Wrong	15 points	15%
Demolish Cognitive Distortions	15 points	15%
Final Exam	10 points	10%
Total	100 points	100%